

A LITURGY FOR MID-DAY PRAYER



Sources: The Upper Room Worshipbook; The Book of Offices and Services /
Transforming Center

This Liturgy is not to be reproduced without permission.

The Transforming Center is dedicated to strengthening the souls of clergy, Christian
leaders and the congregations and organizations they serve. For more information,
visit www.thetransformingcenter.org or call us at 630-588-8133.

TCW102512

TRANSFORMING CENTER®
Strengthening the Soul of Your Leadership

Transforming Center

A Liturgy for Mid-Day Prayer

†OPENING

Oh God, make speed to save us.
OH LORD, MAKE HASTE TO HELP US.

†CANDLE LIGHTING

†GRATITUDE AT MID-DAY

Leader: Accept, O Lord, our thanks and praise for all that you have done for us.

All: *We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.*

Leader: We thank you for the blessing of family and friends,

All: *And for the loving care which surrounds us on every side.*

Leader: We thank you for setting us at tasks which demand our best efforts,

All: *And for leading us to accomplishments which satisfy and delight us.*

Leader: We thank you for those disappointments and failures that lead us to acknowledge our dependence on you alone.

All: *Above all, we thank you for your son Jesus Christ; for the truth of his word and the example of his life;*

Leader: For his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death;

All: *And for his rising to life again, in which we are raised to the life of your kingdom.*

Leader: Grant us the power of your Spirit, that we may know Christ and make him known;

All: *And through him, at all times and in all places, may give thanks to you in all things. Amen.*

PSALMODY—Psalm 34

Leader: I will bless the Lord at all times;
his praise shall continually be in my mouth.

Response: *My soul makes its boast in the Lord;
let the humble hear and be glad.*

Leader: O magnify the Lord with me,
and let us exalt his name together.

Response: *I sought the Lord, and he answered me,
and delivered me from all my fears.*

Leader: Look to him, and be radiant;
so your faces shall never be ashamed.

Response: *This poor soul cried, and was heard by the Lord,
and was saved from every trouble.*

Leader: The angel of the Lord encamps around those who fear him, and delivers them.

Response: *O taste and see that the Lord is good;
happy are those who take refuge in him.*

PRAYER FOR DISCERNMENT

O God our Wisdom, who eternally makes all things new;

ENCOURAGE BY YOUR HOLY SPIRIT
THOSE OF US WHO SEEK TO DISCERN YOUR WILL
THAT WE MAY LABOR TOGETHER FOR THE BUILDING UP
OF YOUR WORLD AND YOUR CHURCH;

Counsel us when to act and when to wait;
turn our hearts always toward those in greatest need,
and away from our own preoccupations and fears;

HELP US NEVER TO FORGET
THAT LOVE AND MERCY ARE YOUR GREATEST GIFTS,
GIVEN TO US TO OFFER ONE ANOTHER
AS WE SEE THEM IN JESUS CHRIST, WHO ALONE
IS OUR JOY, OUR WAY, OUR TRUTH, AND OUR LIFE.

AMEN.

READING FROM SCRIPTURE

This is the Word of the Lord!
THANKS BE TO GOD.

SILENCE

†THE LORD'S PRAYER

OUR FATHER IN HEAVEN,
HALLOWED BE YOUR NAME,
YOUR KINGDOM COME, YOUR WILL BE DONE,
ON EARTH AS IN HEAVEN.
GIVE US TODAY OUR DAILY BREAD.
FORGIVE US OUR SINS AS WE FORGIVE THOSE
WHO SIN AGAINST US.
SAVE US FROM THE TIME OF TRIAL,
AND DELIVER US FROM EVIL.
FOR THE KINGDOM, THE POWER, AND THE GLORY
ARE YOURS
NOW AND FOR EVER.

AMEN.

†MEALTIME BLESSING

We thank you, Lord, for our daily bread.
Keep us ever mindful of your Providence.
BLESS, O LORD, THIS MEAL THAT WE ARE ABOUT TO RECEIVE.
NOURISH US, BODY AND SOUL, FOR YOUR SERVICE.
Keep us ever responsive to the needs of others
for Christ's sake.

AMEN.